

Olympia 's own- Alyssa Shermetaro qualifies to the 2010 U.S. Classics & VISA Championships!

The Visa Championships is coming to Hartford, Connecticut August 10-14, 2010 & Olympia's Shermetaro will be among the best!

The Visa Championships feature the country's best gymnasts at both the junior and senior elite levels vying for national titles and spots on the U.S. National Team.

In 2008, Shawn Johnson and David Sender won the coveted U.S. all-around titles for men's and women's gymnastics. The roster of former all-around champions includes many of the best-known and well-loved names in gymnastics: women - Nastia Liukin, Carly Patterson, Courtney Kupets, Shannon Miller, Dominique Dawes, Kim Zmeskal and Mary Lou Retton; and men -Paul Hamm, Blaine Wilson, John Roethlisberger, Mitch Gaylord, Peter Vidmar and Bart Conner.

Alyssa Shermetaro is 13 years old from Rochester Hills Michigan and has qualified to the 2010 U.S. Classics & Visa Championships of the U.S. Shermetaro trains 20-25 hours a week, and is coached by Lori Koch & Deanna Sigler. Her dedication to the sport of gymnastics is extraordinary!

Alyssa will be among some of the most talented gymnasts in the country, competing for a spot on the U.S. National Team. She will first travel to the American Classic Competition this July, and then to the Visa Championships in August.

Alyssa Shermetaro was born on June 19, 1996 . In 2006, Alyssa competed level eight. She won floor at States. At Regional's, she finished seventh on uneven bars. She placed 12th all-around out of 48. She moved up to level nine in 2007. She won beam and placed second all-around at the Vegas Cup. At the Wolverine Classic, she won vault, bars and the all-around. Alyssa won balance beam and placed second all-around at the Motown Madness meet. She finished sixth all-around at the Sand Dollar Invitational. She won beam and placed second all-around at the GTC Invitational. Alyssa finished third on beam and second all-around at the Level 9 State Championships. She made the National TOPs Team in the fall.

In 2008, Alyssa moved up to level ten. She finished second all-around at the Twistars Invitational. Alyssa qualified to hopes. She competed at the US Challenge. She continued competing level ten in 2009. Alyssa finished second on bars and beam at States. She did not compete all-around. She finished tenth all-around at Regional's, qualifying for the JO National Invitational Tournament. She won the all-around and uneven bars! She placed third on vault. In June, she earned her international elite compulsory score at the Parkette Invitational. She received her optional score at the July National Qualifier.

**Fast Facts:**

Name: Alyssa Shermetaro

Birthday: June 19, 1996

Club: Olympia

Level: Junior International Elite