

EVENT DIRECTORS:

Lori Koch, Jennifer Pulich
and Brandon Ulewicz
athletewarrior@comcast.net

COMPETITION / LOCATION

Women's Level 3—Elite, including PO
Men's Level 4—Elite

Macomb Community College

Sports & Expo Center 14500 E. 12 Mile Road, Warren, MI 48088

DATES: February 4-6, 2011 **SCHEDULE:** Friday thru Sunday, 8:00 AM-10:00 PM

COACHES HOSPITALITY: Open throughout the competition weekend

PARKING: Free!

ENTRY FEE / DEADLINE: December 6, 2010

\$90 Women's Level 7-Elite (*Meet fee waived for current National Team Members*)

\$75 Women's Compulsory Level 3-6 and PO, Men's Competition (*all levels*)

\$50 Team Entry (*top three scores*)

EQUIPMENT: AAI Midwest Gym Supply **FORMAT:** Modified Capital Cup

AWARDS: We will award 50% of all athletes. Team awards after each session.
Custom individual and team awards. Gifts for all gymnasts.

HOST HOTEL: Best Western Sterling Inn & Water Park

34911 Van Dyke Ave, Sterling Heights, 48312 **RESERVATIONS:** (586) 979-1400

Athlete Warrior Block Rate \$120/night, includes hot breakfast and 4 water park passes

ATHLETE
ATHLETE WARRIOR
CHALLENGE
every gymnast has a story